

Meat Free Monday

Main 1 (V): Tomato and Oregano Stonebaked Pizza [G, GFA, M]
Main 2 (V): Thai Green Curry served with Rice and Naan [GFA, G]
Served with: Supergrain Rice, Seasoned Wedges [G], Salad, Peas/Sweetcorn
 Baked Jacket with Cheese and Beans or Tuna [G, M, F]
Pudding: Banana and Cranberry Flapjack [G]

Tuesday

Main 1: Ham and Mac Cheese [G, GFA, M]
Main 2 (V): Potato Gnocchi in a Tomato Basil Sauce
Served with: Supergrain Rice, Seasoned Wedges, Salad, Peas/Sweetcorn [G]
 Baked Jacket with Cheese and Beans or Tuna [G, M, F]
Pudding: Peach Eton Mess [E, G]

Senior Menu

Wednesday

Main 1: Cumberland Bangers and Mash [G, GFA]
Main 2 (V): Red Pesto Linguine [G, GFA]
Served with: Mashed Potato, Trio of Cabbage and Peas
 Baked Jacket with Cheese and Beans or Tuna [G, M, F]
Pudding: Coconut and Jam Sponge [G, GFA, M]

Thursday

Main 1: Beef Spaghetti Bolognese [G, GFA]
Main 2 (V): Vegetable Chilli with Nachos [G, GFA]
Served with: Supergrain Rice
 Baked Jacket with Cheese and Beans or Tuna [G, M, F]
Pudding: Oat Raisin Cookie [G, M]

Street Food Friday

Main 1: Jerk Chicken Wings
Main 2 (V): Sweet Potato Bites served with Rice and Flatbread
Served with: Paprika Roasted Potatoes, Supergrain Rice
 Baked Jacket with Cheese and Beans or Tuna [G, M, F]
Pudding: Orange Rocky Road [G, M]

Everyday:

Grab and Go Sandwiches
 Salad Bar
 Baked Jackets
 Fruit
 Fruit Infused Jelly Pots

Allergens:

C = Celery, G = Cereals wheat barley ,
 CR = Crustaceans, E = Eggs, F = Fish, L = Lupin,
 M = Milk, Mo = Molluscs, MT = Mustard,
 S = Soya, SD = Sulphur dioxide (e.g. preservatives),
 GFA = Gluten Free Available



Week 1 W/C 25th April, 23rd May, 27th June

Meat Free Monday

Main 1 (V): Chick Pea and Potato Curry with Naan Bread [G, GFA]

Main 2 (V): Tomato and Oregano Penne Bake [G, GFA]

Served with: Super Rice and Greens

Baked Jacket with Cheese and Beans or Tuna [G, M, F]

Pudding: Lemon and Raisin Flapjack [G]

Tuesday

Main 1: Lamb and Mint Shepherd's Pie

Main 2 (V): Mac and Cheese [G, M]

Served with: Green Beans, Roasted Carrots

Baked Jacket with Cheese and Beans or Tuna [G, M, F]

Pudding: Fresh Fruit Salad

Senior Menu

Wednesday

Main 1: Open Chicken Kiev

Main 2 (V): Quorn Vegetable Bolognese [M, E, S]

Served with: Mashed Potato

Baked Jacket with Cheese and Beans or Tuna [G, M, F]

Pudding: Apple and Sultana Cake [G, E]

Thursday

Main 1: Fishcake [F, G, M]

Main 2 (V): Vegetable Chilli Nachos [G, GFA]

Served with: Buttered New Potatoes

Baked Jacket with Cheese and Beans or Tuna [G, M, F]

Pudding: Blueberry Cookie [G, E, M]

Friday

Main 1: Noodle Bar: Pulled Pork or Sweet n Sour Vegetables

Served with: Egg Noodles or Mushroom Noodles [E, G]

Baked Jacket with Cheese and Beans or Tuna [G, M, F]

Pudding: Orange Chocolate Mousse [M]

Everyday:

Grab and Go Sandwiches
Salad Bar
Baked Jackets
Fruit
Fruit Infused Jelly Pots

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Week 2 W/C 2nd May, 6th June, 4th July



Senior Menu

Meat Free Monday

Main 1: Quorn Bangers and Mash (E, M, S)

Main 2 (V): Vegetable Jambalaya with Garlic Bread (G, GFA)

Served with: Peas and Mashed Potato

Baked Jacket with Cheese and Beans or Tuna (G, M, F)

Pudding: Coconut Lemon Bar (G)

Tuesday

Main 1: Street Food Chilli Hot Dog (G, GFA)

Main 2: Spanish Frittata (E)

Served with: Wedges, Corn on the Cob, Coleslaw

Baked Jacket with Cheese and Beans or Tuna (G, M, F)

Pudding: Black Forest Gateaux Pot (G, E, M)

Wednesday

Main 1: Roast Beef and Yorkshire Pudding (G, E)

Main 2 (V): Feta and Beetroot Quiche (G)

Served with: Roasted New Potatoes, Vegetables of the Season

Baked Jacket with Cheese and Beans or Tuna (G, M, F)

Pudding: Toffee Frozen Yoghurt (G, M)

Thursday

Main 1: Smoked Chicken

Main 2 (V): Mushroom Stroganoff

Served with: Cheesy Mash, Super Greens, Rice

Baked Jacket with Cheese and Beans or Tuna (G, M, F)

Pudding: Chocolate Brownie (G)

Friday

Mains: FOOD COUNCIL WINNERS VOTED ON WEEK 1

Baked Jacket with Cheese and Beans or Tuna (G, M, F)

Pudding: Baked Doughnut (G, M)

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Grab and Go Sandwiches
Salad Bar
Baked Jackets
Fruit
Fruit Infused Jelly Pots

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Week 3 W/C 9th May, 13th June



Meat Free Monday

Main 1 (V): Make Your Own Pasta: Tomato and Basil, Green Pesto or Veg Bolognaise

Main 2 (V): Roasted Mediterranean Vegetable Gala

Served with: Garlic Flatbread and Parmesan Cheese [G, GFA]

Baked Jacket with Cheese and Beans or Tuna [G, M, F]

Pudding: Baked Doughnut [G, M, E]

Tuesday

Main 1: Chicken Tikka Masala with Naan Bread [G, GFA, M]

Main 2 (V): Plant Based Meatballs in Tomato Sauce

Served with: Mashed Potato, Rice, Super Greens

Baked Jacket with Cheese and Beans or Tuna [G, M, F]

Pudding: Banoffee Pot [G, M]

Senior Menu

Wednesday

Main 1: Pepperoni Conchiglie Bake [G, GFA]

Main 2 (V): Tofu Stir Fry

Served with: Stir Fry Vegetables

Baked Jacket with Cheese and Beans or Tuna [G, M, F]

Pudding: Apple and Sultana Crumble [G, M]

Thursday

Main 1: Shepherd's Pie served with Vegetables [G, M]

Main 2 (V): Sweet Potato and Lentil Dahl

Served with: Supergrain Rice, Broccoli/Carrots

Baked Jacket with Cheese and Beans or Tuna [G, M, F]

Pudding: Pink Jam Slice [G, E, M]

Friday

Main 1: Fish and Chips with Tartare Sauce [F]

Main 2 (V): Battered Halloumi [M]

Served with: Oven Baked Skin-On Fries, Peas, Mushy Peas

Baked Jacket with Cheese and Beans or Tuna [G, M, F]

Pudding: Vegan Chocolate Brownie [G]

Everyday:

- Grab and Go Sandwiches
- Salad Bar
- Baked Jackets
- Fruit
- Fruit Infused Jelly Pots

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Week 4 W/C 16th May, 20th June

