

Meat Free Monday

Main 1 (V): Cheese and Tomato Pizza [G, M, GFA]

Main 2 (V): Vegetable Cottage Pie [G, GFA]

Served with: Country Diced Potato and Veg of the Day

Baked Jacket with Cheese and Beans or Tuna

Pudding: Oat and Raisin Cookie [G, M, GFA]

Tuesday

Main 1: Butter Chicken Curry served with Rice and Naan [G, M, GFA]

Main 2 (V): Tomato and Basil Pasta Bake [G, GFA]

Baked Jacket with Cheese and Beans or Tuna

Pudding: Banoffee Pot [M, G, GFA]

Week 1 W/C 5th July

Prep Menu

Wednesday

Main 1: Roast Pork

Main 2 (V): Cheese and Onion Pastie [G, M, E]

Served with: Roast Potatoes, Vegetables and Gravy

Baked Jacket with Cheese and Beans or Tuna

Pudding: Apple Crumble [G, M, GFA]

Thursday

Main 1: Hot Dog served with Chips [G, GFA]

Main 2 (V): Vegetarian Hot Dog served with Fries [G, GFA]

Baked Jacket with Cheese and Beans or Tuna

Pudding: Scones served with Jam and Cream

Friday

No lunch today - we finish at 12:20pm!

Allergens:

C = Celery, G = Cereals wheat barley,

CR = Crustaceans, E = Eggs, F = Fish, L = Lupin,

M = Milk, Mo = Molluscs, MT = Mustard,

S = Soya, SD = Sulphur dioxide (e.g. preservatives),

GFA = Gluten Free Available

