

Meat Free Monday

Main 1 (V): Vegetable 'Meat'balls served with Pasta and a Tomato Sauce [G, GFA]

Main 2 (V): Vegetable Cottage Pie

Baked Jacket with Cheese and Beans or Tuna

Pudding: Oat and Raisin Cookie [G, M, GFA]

Tuesday

Main 1: Butter Chicken Curry served with Rice and Naan [G, M, GFA]

Main 2 (V): Red Pesto Penne Pasta [G, GFA]

Baked Jacket with Cheese and Beans or Tuna

Pudding: Banoffee Pot [M, G, GFA]

Senior Menu

Wednesday

Main 1: BBQ Pulled Pork

Main 2 (V): Goats Cheese Tart [G, M]

Served with: Roast Potatoes and Veg of the Day

Baked Jacket with Cheese and Beans or Tuna

Pudding: Apple Crumble [G, M, GFA]

Thursday

Main 1: Chilli Con Carne served with Rice

Main 2 (V): Double Baked Mac 'n' Cheese [G, M, GFA]

Baked Jacket with Cheese and Beans or Tuna

Pudding: Scones served with Jam and Cream [G, M, S]

Street Food Friday

Main 1: Chilli Dog served with Stealth Fries and Coleslaw [G, M, E, GFA]

Main 2 (V): Veggie Dog [G, GFA]

Baked Jacket with Cheese and Beans or Tuna

Pudding: Chocolate Orange Rocky Road [G, M]

Everyday:

Grab and Go Sandwiches and Wraps

Pasta and Salad Pots

Allergens:

C = Celery, G = Cereals wheat barley,

CR = Crustaceans, E = Eggs, F = Fish, L = Lupin,

M = Milk, Mo = Molluscs, MT = Mustard,

S = Soya, SD = Sulphur dioxide (e.g. preservatives),

GFA = Gluten Free Available

Week 1

W/C 7th June and 5th July



Meat Free Monday

Main 1 (V): Vegetarian Sausage (G, M, GFA)

Main 2: Fish Cake (G, M, E, F, GFA)

Served with: Bubble and Squeak and Minted Peas

Baked Jacket with Cheese and Beans or Tuna

Pudding: Baked Doughnut (G, M)

Tuesday

Main 1: Beef Bolognese served with Spaghetti and Garlic Bread (G, M, GFA)

Main 2 (V): Spanish Omelette served with Buttered New Potatoes (E, M)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Fresh Fruit Salad

Senior Menu

Wednesday

Main 1: Chicken and Vegetable Pie served with Roast Potatoes (G, E, M, GFA)

Main 2 (V): Pea and Pesto Penne Pasta (G, GFA)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Sticky Toffee Traybake (G, E, M)

Thursday

Main 1: Sweet and Sour Pork served with Rice

Main 2 (V): Vegetable Chilli Noodles (G, E)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Raspberry and Blueberry Drizzle Cake (G, E, M)

Street Food Friday

Main 1: Chicken Fajitas (G, GFA)

Main 2 (V): Falafel Burger served with Skinny Fries

Baked Jacket with Cheese and Beans or Tuna

Pudding: Chocolate and Beetroot Brownie (G, E, M)

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Pasta and Salad Pots

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Week 2 W/C 14th June

Meat Free Monday

Main 1 (V): Mac 'n' Cheese (G, M, GFA)

Main 2 (V): Sweet Potato Falafel Bites

Baked Jacket with Cheese and Beans or Tuna

Pudding: White Chocolate Cookie (G, M)

Tuesday

Main 1: Bangers and Mash (G, S, GFA)

Main 2 (V): Feta Tart (G, M)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Frozen Yoghurt (M)

Senior Menu

Wednesday

Main 1: Lasagne served with Garlic Bread (G, M, GFA)

Main 2 (V): Vegetable Toad in the Hole (G, M, E)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Lemon Drizzle Cake (G, E, M)

Thursday

Main 1: Jamaican Jerk Chicken served with Rice and Peas

Main 2 (V): Quorn Jambalaya (E)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Banana Loaf (G, E, M)

Street Food Friday

Main 1: Fish and Chips (G, F, M, GFA)

Main 2 (V): Vegetable Quarter Pounder served with Stealth Fries (G, M, GFA)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Ice Cream (M)

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Grab and Go Sandwiches and Wraps

Pasta and Salad Pots

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Week 3 W/C 21st June



Meat Free Monday

Main 1 (V): Vegetable Lasagne (G, M)

Main 2 (V): Quorn Chilli served with Rice (E)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Blueberry Muffin (G, M, E)

Tuesday

Main 1: Homemade Sausage Roll (G, E, M, GFA)

Main 2: Thai Green Curry (M)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Eton Mess (M)

Senior Menu

Wednesday

Main 1: Chicken Jambalaya

Main 2 (V): Vegetable Bangers and Mash (G, M)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Jam and Coconut Traybake

Thursday

Main 1: Beef Lasagne served with Garlic Bread (G, M)

Main 2 (V): Vegetable Quiche (G, E, M)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Carrot Cake (G, E, M)

Street Food Friday

Main 1: Meatballs in Tomato Sauce served with Pasta (G, GFA)

Main 2 (V): Cheese and Tomato Pizza (G, M, GFA)

Baked Jacket with Cheese and Beans or Tuna

Pudding: Tiffin (G, M)

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Pasta and Salad Pots

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Week 4 W/C 28th June

